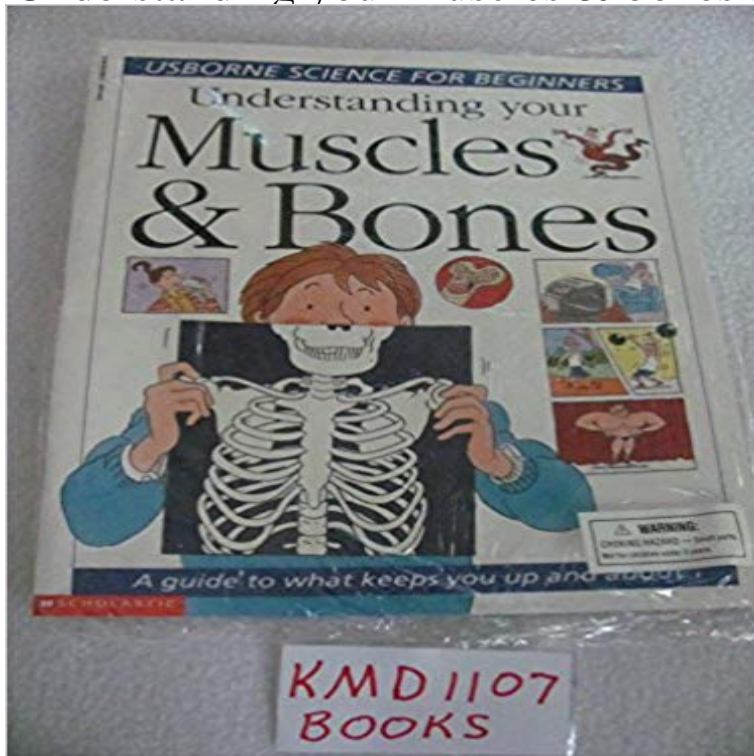


## Understanding your muscles & bones (Usborne science for beginners)



Uncovering the frame of the human body, this text takes a close look at the tissues that keep us up and about. It explains the structure of the skeleton and the mechanics of movement. It also examines the importance of involuntary muscles in the smooth working of the human body. The book is part of the Science for Beginners series which aims to give clear, simple explanations backed up by diagrams, photographs and comic-strip cartoons.

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