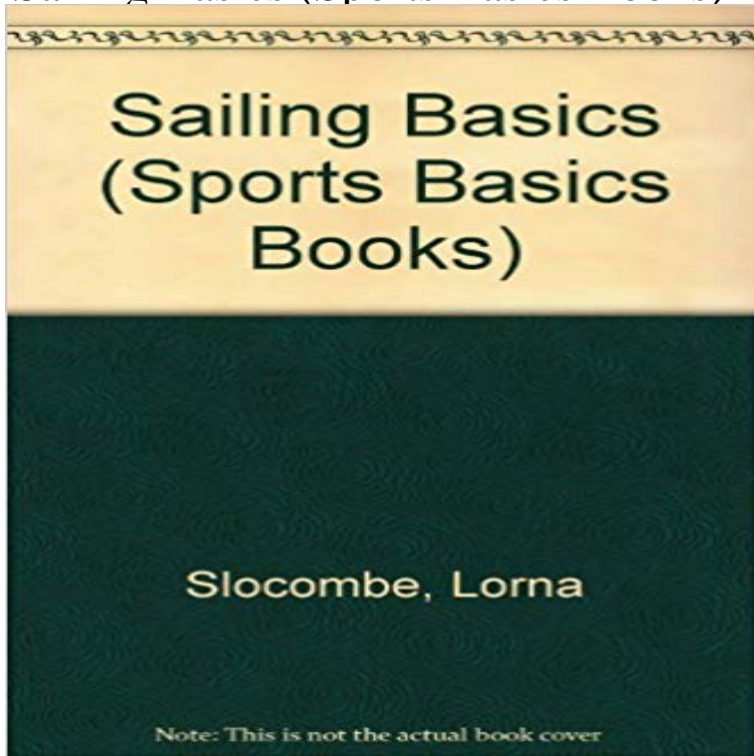


Sailing Basics (Sports Basics Books)



Details the basic techniques of sailing, including instructions on rigging a sailboat, how to tack and gybe, and how to take care of a sailboat. Includes a short history of sailing and a glossary of terms.

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