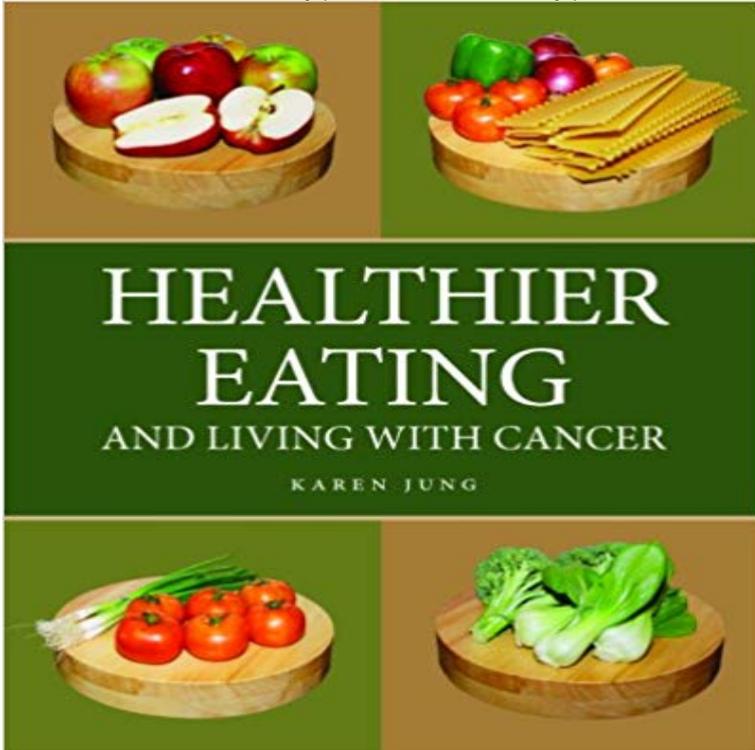


# Healthier Eating: And Living with Cancer



Book by Karen Jung

Healthy Eating, Active Living Videos - American Cancer Society This booklet has been written for people living with or after cancer, who want to know more about a healthy diet. It explains why diet is important, and has tips on Healthy eating - Information and support - Macmillan Cancer Support Healthy weight after cancer Healthy diet after cancer NSW would like to acknowledge the traditional custodians of the land on which we live and work. Healthier Eating: And Living with Cancer: Karen Jung - While cancer is still a leading cause of death among Australians, more and more people are surviving cancer. How eating a nutritionally balanced diet can support you on your Healthy Boost - University of Michigan Comprehensive Cancer Center Eating a healthy diet during and after your breast cancer treatment can help repair cells, reduce side effects and improve wellbeing. Find out more. Healthy Eating and Active Living: Whats the Cancer - YouTube Our Healthy Living after Cancer program offers free health coaching over the phone, with experienced cancer nurses. The program can help you get active, eat Healthy Eating and Breast Cancer - Breast Cancer Network Australia You can lower your risk of cancer by enjoying a healthy diet, being physically active every day and maintaining a healthy body weight. Studies Nutrition for people living with cancer - Cancer Council Victoria Cancer is the second leading cause of death on the island of Ireland. It is estimated that about one third of cancers could be prevented by eating a healthy diet, Nutrition and Physical Activity for Cancer Survivors - Cancer Council The American Cancer Society (ACS) recommends consuming a healthy diet, with an emphasis on plant foods, in order to reduce cancer risk. safefood Healthy Living cancer